

Low Cost & Free Meals Directory



Camden/Wollondilly/Wingecarribee Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Bowral Uniting Church	28 Bendooly St, Bowral (02) 4862 1350	Centre based meal	Free	Wed 12pm	MS
Foursquare Care	82 Mittagong St, Welby 0409 713 190	Frozen meals	Free	Wed 10.30am – 12pm	MS
Highland Grace – Soul Warmers Cafe	37 Regent St, Mittagong 0439 560 451	Centre based meal	Free	9am – 12pm	
Meals on Wheels Camden	1/18 Little St, Camden (02) 4655 6822	Home meal delivery	From \$6.70 - \$7.90	Mon - Thur 8.30am - 3pm Fri 8.30am - pm <i>Call to register</i>	
Meals on Wheels Mossvale	Lot 1 Queen St, Moss Vale (02) 4647 2073	Home meal delivery	From \$5-\$10	Mon, Wed - Fri 7.30am - 3pm <i>Call to register</i>	FS
PCYC Southern Highlands Dignity Freezers	6 Hawkins Dr, Mittagong	Frozen meals	Free	Mon - Fri 10am-7pm Sat 9am-12pm	
Southern Highland Christian Community Center	3/347 Bong Bong St, Bowral (02) 4861 7460	Centre based meal	Free, Donations welcome	Tues – Fri 10am – 2pm	WS
Turning Point Camden Inc.	15 Edward St, Camden (02) 4655 1567	Centre based meal	Free	Wed 12pm - 12.30pm Thurs 12pm - 12.30pm Women's lunch Fri 9 - 11 am Men's breakfast <i>Call to register</i>	WS FS

Camden/Wollondilly/Wingecarribee Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare Moss Vale Anglican Church	Cnr Waite & Browley St, Moss Vale (02) 4868 1299	Mobile community pantry	\$12 bag of pantry items \$3 fresh Free	Every second Fri 1.30pm - 2.30pm Every other Fri 1.30pm - 2.30pm	WS MS FS
Anglicare St Stephans Anglican Church	Cnr Main & Station St, Mittagong	Mobile community pantry	\$12 bag of pantry items \$4 fresh food	Every second Fri 10.30am - 11.30am Plus one Fri a month 10.30am – 11.30am	WS MS FS
Big Yellow Umbrella/ Dignity	Unit 1 corner Queen & Elyard Street	Community pantry	Free	Mon & Fri 11am – 12.30pm <i>Call to register</i>	MS
Bowral Uniting Church	28 Bendooly St, Bowral (02) 4862 1350	Community pantry	Free	Tues & Wed 10am – 1pm	MS
Highland Grace - Food Co-op	37 Regent St, Mittagong 0439 560 451	Community Pantry	\$25	Thur 9am – 12pm	

WS Wellbeing Support
E.g. Counselling, Social Worker

MS Material Support
E.g. Clothing, Blankets

FS Financial Support
E.g. EAPA, Nils, Bills

Disclaimer: Information included in this directory is correct at the time of publishing. Date of publication: April 2024. Please contact Health Promotion Service for more information: SWSLHD-HealthyEnvironments@health.nsw.gov.au

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Mittagong Uniting Church	4-7 Albert St, Mittagong (02) 4862 1350	Community pantry	Free	Mon 9.30am – 11am	MS
Salvation Army	418–420 Bong Bong St, Bowral (02) 4861 3912	Community pantry	Reduced price groceries	Mon & Wed 9.30am-1.30pm	WS MS FS
Southern Highland Christian Community Center	3/347 Bong Bong St, Bowral (02) 4861 7460	Community pantry	Free, donations welcome	Tues – Fri 10am – 2pm	WS
St Vincent de Paul Bowral	248 Bong Bong St, Bowral 0478 258 451	Community pantry	Free	Tues & Thurs 12pm - 3pm <i>Call to register</i>	MS
St Vincent de Paul Mittagong	22 Bowral Road, Mittagong (02) 4871 1922	Community pantry	Free	Mon – Fri 10am – 2pm	MS
St Vincent de Paul Mossvale	502 Argyle Street, Mossvale (02) 4868 2704	Community pantry	Free	Mon – Fri 10am – 2pm	MS
Turning Point Camden Inc.	15 Edward St, Camden (02) 4655 1567	Community pantry	Free	Wed – Fri 10am – 2pm <i>Call to register</i>	WS FS

Camden/Wollondilly/Wingecarribee Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Camden Digital Arts & Culture Center	2/10 Exchange Pd, Smeaton Grange 0416 923 905	Food parcels	Small bag free \$25 family box	Sat – Sun 10am – 2pm <i>Text by Friday to book</i>	WS MS FS
Community Links	6 Harper Cl, Tahmoor (02) 4683 2776	Food parcels	Free	Wed 9am – 5pm <i>Call to register</i>	WS
Dhungung Food Share Aboriginal Community Cultural Centre	1A Rainbow Rd, Mittagong 0418 649 106	Food parcels	Free	Thur 10.30am – 12.30pm <i>For Aboriginal people and families. Call to register.</i>	WS MS FS
Food Aid	Railway St & Spring St, Moss Vale 0431 224 995	Food parcels	Free	Fri 11am – 11.30am <i>Text to order on Thur 9am – 12pm.</i>	WS MS
Foursquare Care	82 Mittagong St, Welby 0409 713 190	Food parcel (fruit, veg & bread)	Free	Wed 10.30am – 12pm	MS
I&T Community Support Team / Yibirra Foundation	Camden area 0447 644 349	Food parcels	Free	Mon – Fri 9am – 5pm <i>Book via Facebook. Must be able to collect.</i>	MS
St Vincent de Paul Picton/Bargo	Picton/Bargo area (02) 4677 2493	Food vouchers	Free	Tues & Fri 9am – 3pm <i>Call hotline and leave message. Assessment required.</i>	WS MS

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